

ESFA Referees Branch Administrative Instructions for 2015

20th March, 2015

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! Pay particular attention when you see this exclamation mark. It signifies changes to important instructions since last season. It also signifies important instructions which have remain unchanged.

Communicating with ESFA Referees Branch

Refer to Part A: ESFA Referees Branch contacts on page 2 for the contact details of the Officials of the ESFA Referees Branch. Please contact one of them should you have any questions or problems during the season.

Website: www.esrefs.com.au
Email: referees@esfa.com.au

**ESFA & ESFA Referees Branch postal address:
Suite 407, Level 3
Office Tower
Westfield Eastgardens
152 Bunnerong Road
EASTGARDENS NSW 2036**

Part A: ESFA Referees Branch Contacts

		Phone	Email
<i>ESFA Referees Management Committee</i>			
Branch Chair:	Paul Kelly	0417 424 766	prjmgr@gmail.com
Branch Deputy Chair:	Wayne Hillier	0417 272 290	wayne.hillier@optusnet.com.au
Members:	Jack Bell	0425 396 369	jack.bell.29@gmail.com
	John Galouzis	0412 702 352	galouzis1@hotmail.com
	John Garcia	0405 277 830	garoz@hotmail.com
	Oliver Newling	0403 776 305	olivernewling@gmail.com
ESFA Referees Coordinator:	Caroline Oakes-Ash 0421 912 110	8347 8803	referees@esfa.com.au
Appointments Group:	Paul Kelly John Galouzis Oliver Newling		
Technical Group:	John Garcia Wayne Hillier Jack Bell		
<i>Other Officials</i>			
Branch Coach:	John Garcia		
Branch Assessors:	Jack Bell John Garcia Paul Kelly Arthur Kringas Franco Soliman		

Part B: General instructions

General Meetings ESFA Referees Branch

Date: The 3rd Monday of each month, i.e. for 2015:

Monday 20th April

Monday 18th May

Monday 15th June

Monday 20th July

Monday 17th August

Monday 14th September

AGM TBA

Time 6:30 pm – approx. 8:30 pm

Location¹ North Hall (Heritage Building) Pine, Curie and Darwin Aves, The Coast Centre, Little Bay

Referees Fitness at Coral Sea Park, Maroubra

Date: Every Tuesday Coral Sea Park, Maroubra from 6:45pm

Changes to your contact details

If any of your contact details change during the season, please update them on MyFootballClub and advise both the Referees Coordinator and the Appointments Group of your new details.

Tip: Log on to the website at the start of the season, check your details.

In the event of lightning use the '30-30' rule²

When lightning is sighted, count the time until thunder is heard. If that time is 30 seconds or less, the thunderstorm is within 10km and is dangerous. As most experts believe that the 'safe' distance is no less than 10km, all people at risk should be seeking, or already inside safe shelters. This is the time at which matches should be suspended. Play can resume when the '30- 30' rule has been satisfied. Remember that in ESFA there is no stoppage time, and if the game is abandoned, post an incident report to both the Referees Coordinator and ESFA (extreme weather).

Online card reporting

ALL caution and send off reports, as well as incident reports, for ESFA games will be submitted online (via the website).

! All send-off reports and incident reports for non-ESFA games must be submitted via email to the Referees Coordinator on the appropriate forms available on the ESFA website by **9am the next business day**. The Referees Coordinator will forward the reports to the appropriate body. Forms are available in the library of the ESFA Referees Branch website.

¹ Unless otherwise advised.

² Per Soccer NSW Policy 04/01 (issued 15/03/2004).

Part C: Appointments

Please note that these instructions apply to **all games**.

How do I get my appointments?

ALL appointments will be initially posted online. Individual appointments will NOT be advised by post, phone or email.

Appointments may be changed by the Referees Coordinator, in accordance with your availability, if required, up until Friday 5pm. If there are changes after your initial appointment you will be notified by the Referees Coordinator.

Go to www.esrefs.com.au and click 'Ref Sign On' on the menu bar (left hand side of the page). Log on with your username and password and then click 'Appointments' on the menu bar. Under 'Appointments', click 'My Upcoming'. Print or make a note of your appointments.

Appointments are generally uploaded on Tuesday night by 7pm. If there is a delay, a message will be placed on the website. Please check your appointments from this time onwards.

All available referees should get at least one game. If you haven't received appointments by Thursday, call the Referees Coordinator on 8347 8803.

If you need to change your availability this must be up to the Friday preceding the match (i.e. 1 week before)

What you need to do:

Tell us about any restrictions to your availability as far in advance as possible.
To do this:

Email referees@esfa.com.au or
Call 8347 8803

Note: We need to know your name, referee ID number, contact phone number and full details of your unavailability.

Advising us of your unavailability any later than a week before is considered a withdrawal. Refer to Withdrawal instructions below.

Withdrawals up until 5pm Friday

What you need to do

Email to referees@esfa.com.au The email must include reasons why, and a record of such will be kept by Referees Coordinator. A confirmation phone call would also be expected.

What the Committee will do

One withdrawal can create an hour of work and 10 or more phone calls for the Appointments Group in reshuffling appointments. Emergencies do arise and will be taken into consideration.

Penalties will apply for repeat offenders withdrawing without sufficient reason

Withdrawals after 5pm Friday (Emergencies)

What you need to do:

If you need to withdraw, then you need contact a 'buddy' referee to cover your game. The Referees Coordinator may be contacted by phone if no 'buddy' may be found however if the game is unable to be covered then you will be fined for non-attendance.

DO NOT EMAIL.

You **MUST** also email the Referees Coordinator referees@esfa.com.au after the match with a written explanation with regard to withdrawal.

What the Committee will do:

When a withdrawal happens we will adjust appointments as far as possible. If we have to move other referees we will call them.

Penalties will be imposed for repeated withdrawals or withdrawals with insufficient reason.

Refereeing additional matches

What you need to do:

If you referee a game you weren't appointed to, let the Referees Coordinator know afterwards as well as calling the Appointments Group prior to officiating.

You **must not** volunteer to do uncovered games that are a higher level than you have previously been appointed without contacting a member of the Appointments Group or Management Committee and obtaining permission. Junior ARs can still run the line with an unofficial referee, but must not attempt to referee the game.

What the Committee will do:

Update the match database to ensure appropriate payments are made at the end of the month.

You **WILL** be paid for doing this!

Wet weather

Announcements will only be made if grounds are closed. You can check for wet weather announcements in any of the following ways:

- Check the ESFA Website for messages (<http://www.esfa.com.au/Wetweather.aspx>)
- Check your appointments – Note Section
- Call the Wet Weather Line – 8347 8806
- Follow on Twitter @ESFAWetWeather

If you feel a ground is unsafe for play, please notify the RTOs of the competing teams and contact a member of the branch Management Committee who will advise ESFA on your behalf and provide advice. You do not have the power to prevent a game starting with an unofficial referee. This is the duty of ESFA. If a member of the Management Committee is unavailable, please call the Referees Coordinator.

Prior to the Game

Please turn up for all games **30 minutes** prior to scheduled kick-off unless you have discussed any close clashes previously with the Appointments Group or Referees Coordinator.

Part D: ESFA games

ESFA contact details

Postal address for team sheets:

Suite 407, Level 3, Office Tower, Westfield Eastgardens,
152 Bunnerong Road, Eastgardens NSW 2036

The deadline for ESFA receiving all team sheets is 5pm on the Tuesday following the game. If you miss the post, prior to the deadline you must hand deliver them to the ESFA office at Eastgardens.

Tip: post team sheets by **Sunday night** so they arrive on time. Members will be fined and possibly suspended if they fail to complete their administrative responsibilities as instructed.

Team Sheets

- There will be two (2) team sheets per game in 2015. One (1) per team.
 - Each team is responsible for providing a pre-printed team sheet that will list player names. Both teams must fill in shirt numbers and FFA ID numbers prior to the game.
 - If no team sheet, a blank sheet must be produced with the following - Names, shirt numbers and FFA ID numbers must be completed prior to the commencement of the match.
 - No names or numbers may be added once the match has commenced.
 - Players are not required to sign the team sheet!
 - All player details must be completed by each team PRIOR to the match commencing. Player details cannot be added once a game has commenced except to allow a team to reach 11 players.
 - Shirt numbers may be changed where a player named on the card is found to be wearing the incorrect shirt.
 - A player without a shirt number on the card at the start of the match is not deemed to have started on the bench and may not come onto the field.
 - Where more than 18 names appear on a team sheet DNP must be marked against each player not participating in the match PRIOR to the game commencing.
 - Where there are 18 or less players playing DNP must be marked against a player who did not participate AFTER the match has finished.
 - The referee must check the shirt number of any substitute entering the field and rectify any discrepancies before re-commencing play.
 - The **Referee and Assistant Referees' names and ID numbers** must be **clearly printed** on the team sheet (otherwise you may not be paid for the game!).
 - There is a column on the team sheet for **caution** and **send off codes**. Be consistent: write the same code on the team sheet as you use on the send off report and (if it was requested) advise the RTO of the player sent off. For a list of the codes, refer to Appendix B: Send off codes and Appendix C: Caution Codes.
- !**
- Referees **DO NOT** check player cards BUT should check the box indicating they have 'sighted' a card check has been completed.
 - **Post** the completed team sheet **to ESFA** (note the deadline – refer above).

Tip: if you need to submit a caution, send off or incident report, make a note of the relevant details from the team sheet prior to posting it!

You should **note any of the following on the reverse** of the team sheet:

- A team does not turn up;
- A team is late;
- Delays or problems in obtaining a team sheet;
- A team has insufficient players;
- A team is not in proper strip;

- A team does not supply a satisfactory ball;
- RTOs are not wearing their identification card;
- The ground is not properly dressed (markings, nets, corner posts and flags); or
- Anything else irregular.

Referee ID numbers

If asked at any point for your referee ID number, you are required to supply it. Do **not** volunteer your name. Provide your ESFA ID number for ESFA games and your FFA ID number for non-ESFA games.

Problems at the ground

If you have a problem with the crowd, substitutes, etc., you should seek assistance from the RTOs or RTOs who are identified by their ID cards.

If you believe the ground is unplayable, inform the officials of both teams and request that they rectify the problem. If the problem cannot be rectified, you **must** contact the ESFA Referees Branch Management Committee or the Referees Coordinator (refer page 2 for mobile numbers) and they will advise what action to take.

If a player requires ambulance attention or is seriously injured, you must submit an electronic Incident Report to ESFA (for receipt by 7pm Monday) on the website www.esrefs.com.au.

If you abandon or postpone a match where the clubs have not provided you with a match card please submit an incident report by 7pm Monday.

After the Match

! **After the match, each official must enter the score online.** This must be done by **9am on the Monday following the game.**

! **If the match is abandoned while you are at the field you MUST put 'x-x' as the score.**
 ● Prior Match cancellations (such as due to wet weather) should be left blank.

To do this, log into the website and review your Appointments History. Next to each of your appointments will be a "Score" link, which you should click on. Enter the match score and click "Submit." **If you do not enter the scores for a game, you will not get paid.**

If a player is cautioned

! **The Referee MUST submit a caution report online by 9am on the Monday following the game.** If you need any guidance, contact the Referees Coordinator 8347 8803.

Note: If you send off a player for receiving **two cautions** in the same match, **do not submit** a caution report for that player. Instead, follow the instructions below for sending off a player (R7).

If you send off a player

After the game, the RTO of the player you sent off should provide you with the player's ESFA registration card. Post or deliver this in to ESFA with the team sheet. If the situation is 'difficult' due to player behaviour, you may not be able to obtain that card. In this case, include that remark in your send-off report.

The RTO may also ask you for the send off code. Provide this if possible (refer Appendix B: Send off codes). Do not provide an opinion on the penalty that may be imposed. **Remember to note the send off code on the team sheet.**

For serious incidents, please also contact either the ESFA Referees Branch Management Committee and the Referees Coordinator.
(refer Part A: ESFA Referees Branch contacts).

! You must also submit a send off report online by 9am on the Monday following the game. The report should be written clearly and state only the facts AND must only be lodged via the website.

! Assistant Referees must also submit send off reports online by 9am on the Monday following the game. This is not necessary if the send off was for receiving a second caution (yellow card) in the match.

Incident Reports

You need to submit an Incident Report for extraordinary events, including: game abandonment (due to extreme weather, serious injury, etc.), pitch invasion, abuse of a referee/assistant referee (excluding abuse by a player where a player was sent off for the offence and a send off report submitted), ejection of a team official or spectator, or any other incident witnessed by a match official that warrants a report.

! The incident report can be completed online by logging in, clicking on “Appointments” then “My History” and “Cards” for the respective match, and must be submitted by 9am on the Monday following the game

Your Incident Report should provide full details and descriptions of the matter being reported. **Assistant Referees must likewise complete and submit a report of their OWN observations of the incident.**

Guidance on Incident Reports can be sought from the ESFA Referees Branch Management Committee (refer Part A: ESFA Referees Branch contacts).

If you wish to report a club official

Submit an online Incident Report and contact the Referees Coordinator for further assistance.

Jewellery

See Football NSW policy document titled ‘FNSW Jewellery Policy’ dated 22 April 2008:

Earrings:

No form of earrings or studs are acceptable.

The practice of taping earrings/studs or piercings is unacceptable.

Facial Rings/Piercings:

Any kind of jewellery around the eyes must be removed.

Jewellery in any other part of the face must also be removed.

The practice of taping facial rings or piercings is unacceptable.

Necklaces:

All necklaces including metal, rope, fabric, or such other material must be removed.

Medical alert necklaces **only** may be worn but they must be taped securely to the chest.

Bracelets:

All bracelets including metal, rope, fabric, or other such material must be removed. Medical alert bracelets **only** may be worn but must be taped securely to the wrist.

Rings:

All rings must be removed

This includes flat wedding rings

Taping or otherwise covering rings will not be permitted under any circumstances.

Part E: ESFA competition rules affecting referees

This is a summary of the main By-Laws of the Eastern Suburbs Football Association that affect referees. By-Laws covering other competitions are different in many instances, so check before you referee games in those competitions.

1. Duration of games, number of players and upgraded players

Under 10 to Under 12	25 minutes each way, half time break of 5 minutes
Under 13 to Under 14	30 minutes each way, half time break of 5 minutes
Under 15 to Under 16	35 minutes each way, half time break of 5 minutes
Under 17 & above	45 minutes each way, half time break of 10 minutes
Over 35 Men	45 minutes each way, half time break of 10 minutes
Over 45 Men	45 minutes each way, half time break of 10 minutes
All Age Men	45 minutes each way, half time break of 10 minutes
All Age Women	45 minutes each way, half time break of 10 minutes
All Age Men Championship	45 minutes each way, half time break of 10 minutes

Match delays / shortening of time

If the commencement of the game is delayed, the length of the delay should be halved and subtracted from EACH half of the match. Both team captains shall be notified of this cut in time at the toss. All Age Men Championship is the ONLY division in which injury/stoppage time is to be played. ALL other competitions have no stoppage time.

Where a team is unable to field the required number of players at the scheduled starting time of the match, the referee should note such on the rear of the team sheet. A match must be started as soon as both teams have 7 players ready to play. The referee must allow up to 10 minutes after the scheduled start time for the minimum number of players to arrive.

If play is suspended during the first half for any reason (injury, weather, pitch condition), time is run down until half time, players are advised of half time. If play cannot restart such that the 2nd half will be completed by the starting time of the next scheduled game then the game is abandoned and a report must be submitted to ESFA. The referee should note the time of any suspensions of play and the score at the time and include this in an incident report. The referee is to direct any questions about the match outcome to the club secretary. The referee cannot shorten the 2nd half in order to allow completion of the match.

If play is suspended during the 2nd half the clock shall continue and the referee shall blow full time at the completion of the game. An incident report shall be completed noting the reason for suspension, the time of suspension and the score at the time of the suspension. ESFA shall be responsible for determining the match outcome.

Minimum number of players

If at the end of 10 minutes there are not 7 players for either team the referee shall declare the match abandoned. Where a team takes the field with 7 or more players, should any of these players leave the field and are unable to be replaced (i.e. injury or sent off) and the team is reduced to less than 7 players then the game must be abandoned.

! The referee should not declare the match a forfeit as this is for ESFA to decide. A detailed incident report should be submitted to ESFA when a match is abandoned. The score entered on the website is to be 'x-x'

Upgraded players

Players shall be allowed to play up in a match for the same club, and their registered grade and division shall be noted on the team sheet, provided that their original team is NOT in the same division as the higher team. Referees are to direct any questions from either team regarding this rule to the club secretary or ESFA to prevent any confusion.

2. ID Cards

Opposing team managers/RTOs are responsible for checking ID cards for players listed on the team sheet prior to kick-off. If a team fails to produce their ID cards prior to kick-off, the opposing team manager will request from the referee the team sheet to note this on the reverse. As referee, you should sign this to attest the ID cards were unavailable *prior to kick-off*. The game may be played and the Football Management Committee will determine the outcome. ID cards for substitutes are to be produced to the opposing team manager as the substitute is about to take the field. No individual player may play without first producing his ID card, except for registered Under 6, 7 or 8 players playing up a grade.

3. Number of Players, Interchange and Substitution of Players

Interchanges/substitutions shall take place within an area one metre either side of the halfway line, known as the 'interchange zone'.

SSG RULES - Under 8 to Under 11, 9 players on field, no offside, 3 player interchange

Under 12 to Under 18, 11 players on the field, unlimited player interchange, no more than sixteen (16) players may participate in any match for any one team.

Girls Under 12 to Under 18, 11 players on the field, unlimited player interchange, no more than sixteen (16) players may participate in any match for any one team.

Championship (Premier) League & Championship (Premier) Reserves it is permissible to **substitute five (5) players** during the game. Once a player has been substituted, he/she may not retake the field.

All Age Men & All Age Women, 11 players, unlimited player interchange, no more than eighteen (18) players may participate in the match for any one team.

Over 35 & 45 Men, 11 players on the field, unlimited interchange, no more than eighteen (18) players may participate in any match for any one team.

The Substitution Procedure in Law 3 of the *Laws of the Game* shall be applied, subject to the above.

4. Strip

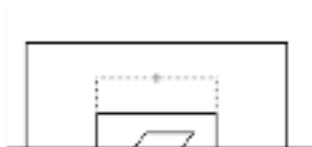
All teams must wear numbered shirts with **no duplication of numbers**. The visiting team (as per the fixture list) shall be the team to change when a clash of strip occurs

The RTO will inform the referee, before the game, if the opposing team is not wearing the required alternate strip. The Referee shall note such on the back of the team sheet. If in the referee's opinion it is not fair to play the game, you should contact a member of the ESFA Referees Branch Management Committee or Chairman. This should only occur where strips are almost identical.

5. Goal Kicks and Corner Kicks

- (A) U10s – U12s is corner kicks shall be taken on the goal line 7 m (approximately 8 yards) from the edge of the penalty area.
- (B) U10s goal kicks shall be taken from an imaginary line drawn through the penalty spot.
- (C) U10s any free kicks to the defending team inside the penalty area, that are between the defenders' goal-line and the penalty spot, shall be taken from an imaginary line drawn from the penalty spot.
- (D) Clubs must ensure that the short corner (i.e. the 7 m mark) is clearly marked on the field.

Opposing players must still be 9.1 metres from the ball and outside the penalty area. Free kicks to the defending team inside this area may also be taken from anywhere within this area. (See diagram below.)



7. Ball Sizes

Under 10 to Under 13	Size 4, 25" - 26" (64cm to 66cm)
Under 14 to All Age	Size 5, 27" - 28" (68cm to 70cm)

8. Grounds

Grounds shall be dressed by the HOME team with (at least) four (4) flags (one in each corner of the field) and two (2) nets and spectator rope barriers spaced a minimum of 1.5 metres outside both sidelines from penalty box to penalty box. Each team must have at least 1 Registered Team Official (RTO) before a match starts. The RTO may be a player for a senior team. A Registered Club Official (RCO) may act in this role. Registered club officials shall be responsible for your safety throughout the day.

If a ground does not have four (4) corner flags then the match must not be played. If the teams cannot provide corner flags within 10 minutes of kick off the match must be abandoned. Please report this on the back of the match card.

Referees will NOT abandon matches where any other equipment is absent.

9. Extension Posts

On some fields you will find goalposts with extensions for rugby games. Any ball striking this framework above the normal crossbar is treated as out of play and the Referee shall award a goal-kick or corner-kick depending on the player who last touched the ball.

10. Spectators

Where ropes are provided, all spectators must be behind them. Spectators are also not permitted along the goal lines.

11. Special Rules For Each Age Group

Under 8's and Under 9s are non-competitive and therefore some different rules apply.

In these age groups only, there is NO offside. All other junior grades use the offside rule.

Part F: Football NSW games

Appointments

Refer to Part C: Appointments.

Referee ID numbers

If asked at any point for your referee ID number, you are required to supply it. Do **not** volunteer your name.

Conduct of Games

The various Football NSW competitions have different rules, so if you are appointed to any Football NSW games make sure you obtain the specific rules and instructions from the Appointments Committee and that you are fully aware of the rules and conditions applying to your particular game before officiating. The Football NSW website, www.footballnsw.com.au, is a useful resource as it usually contains the various competitions' rules.

Part G: Match Payments, Fines & Financial Information

Match Payments:

Match payments will be processed fortnightly on 15th and 29th of month. Following appropriate approvals they should arrive in your bank account shortly after this date.

The Referees Coordinator will process payments. Should you have any queries, please contact the Referees Coordinator ASAP. The Coordinator will subsequently correct issues with the Accounts Department. NB there is no Admin Fee deducted from match payments.

Equipment Purchases:

All equipment will be purchased on a cash basis only. Payment for equipment will no longer be deducted from Match payments.

Referee Appearance: Presentation:

All ESFA referees are required to present themselves in a professional manner at all times. When refereeing you should ensure that shirts are tucked in and socks pulled up at all times.



Fines & Penalties:

The branch rules provide for a series of penalties for Referees failing to perform certain duties/tasks. These include the following:

- Failing to submit match cards on time (Tuesday 5pm)
- Failing to submit scores online by deadline (Monday 5pm)
- Failing to submit reports (Caution, send off, incident) by Monday 9:00am
- Failure to attend appointed matches
- Failure to wear correct uniform

Referee/s breaching these duties may be required to appear before the RMC to explain their actions. Possible disciplinary measures may include appointment demotion, withholding of match payments as well as a review of branch membership and exclusion from further competition games.

Further penalties may be imposed for repeated breaching of branch rules or for misconduct. Please refer to the branch rules for further information.

Any fines imposed may be paid from future match payments.

Appendix A: Ground Directory for ESFA games

! Ground Address

For a Google Map link of ALL ESFA grounds please visit:

www.esfa.com.au/grounds.aspx

(Please note changes to the names of some grounds)

Ground Name	Address
Alexandria Park	Buckland St, Alexandria
Booralee Park	Bay St, Botany
Brazilian Field 7	Dickens Drive, Centennial Park
Centennial Park 3-4 (Formerly McKay 3-4)	Grand Drive, Centennial Park (Randwick end)
Centennial Park 6-8 (Formerly Parade 8-10)	Grand Drive, Centennial Park (Paddington end)
Centennial Park 9-10 (Formerly Mission 5-6)	Parkes Drive, Centennial Park
Chifley Sports Reserve	Bunnerong Rd, Chifley (opposite Cemetery)
Christison Park	Old South Head Rd, Vaucluse
Coral Sea Park	Yorktown Pde, Maroubra
David Phillips	cnr Gwea & Banks Ave, Daveyville
Endeavour Sports High	The Boulevard, Caringbah
ES Marks	Anzac Pde, Kensington
Hensley Athletic	Corisch Cir, Pagewood
Heffron Park	Fitzgerald Ave, Hillsdale
Jellicoe Park	Park Pde, Pagewood
JJ Cahill	Sutherland St, Mascot
L'Estrange Park	Sutherland St, Mascot
Matrville High S	Anzac Pde, Chifley
Moore Park	Between Sth Dowling St & Anzac Pde, Moore Park
NCIE	180 George St, Redfern
Paine Reserve	Rainbow St, Randwick
Queens Park	Darley Rd, Queens Park
Reg Bartley	Waratah St, Rushcutters Bay
Rodney Reserve	Rodney St, Dover Heights
Rowland Park	Banks St, Daceyville
Snape Park	Snape St, Maroubra
South Sydney High	O'Sullivan Ave, Maroubra
Sydney Uni Oval #1	Western Ave, Sydney Uni Campus
Tempe	Holbeach Ave, Tempe
Turruwul	Harcourt Pde, Rosebery
St Andrews	Carillion Ave, Sydney Uni Campus
Wentworth Park	Wentworth Park Rd, Ultimo

Appendix B: Send off codes

SCHEDULE OF PENALTIES – SEASON 2015

The ESFA Judiciary Committee typically refers to the following guidelines when determining penalties:

CODE	OFFENCE	ACTION	PRESCRIBED	MAXIMUM
R1	Serious Foul Play		3 Matches	12 Matches
	Strike or Attempt by Head-butting		6 Matches	12 Matches
	Strike or Attempt by Punch/Fight		6 Matches	12 Matches
	Kicking or Attempting to Kick		3 Matches	12 Matches
	Elbowing to the Head		3 Matches	12 Matches
	Elbowing to the Body		3 Matches	12 Matches
	Violent Tackle from Behind		3 Matches	12 Matches
	Over the Ball Tackle		3 Matches	12 Matches
	Excessive Force		3 Matches	12 Matches
	Charging		3 Matches	12 Matches
	Rugby Tackle		3 Matches	12 Matches
	Misconduct		3 Matches	12 Matches
R2	Violent Conduct		5 Matches	2 Years
	Strike or Attempt by Head-butting		6 Matches	2 Years
	Strike or Attempt by Punch/Fight		2 Matches	8 Matches
	Kicking or Attempting to Kick		2 Matches	12 Matches
	Elbowing to the Head		4 Matches	16 Matches
	Elbowing to the Body		2 Matches	10 Matches
	Threatening or intimidating an official by word or action	CITED	12 Matches	Life
	Tripping a Referee or Assistant Referee	CITED	1 Year	Life
	Pushing a match official with an open hand, shoulder or hip	CITED	1 Year	Life
	Striking a match official with the ball or other object	CITED	1 Year	Life
	Striking, kicking, elbowing a match official	CITED	Life	Life
R3	Spitting	CITED	8 Matches	1 Year
	Spitting at a match official	CITED	8 Matches	Life
R4	Denying obvious Goal Scoring Opportunity (Handball)		1 Match	4 Matches
R5	Denying obvious Goal Scoring Opportunity (all other offences)		1 Match	6 Matches
R6	Using Offensive, Insulting or Abusive Language		2 Matches	8 Matches
	Using Offensive, Insulting or Abusive Gestures		4 Matches	20 Matches
	Indecent Actions		4 Matches	20 Fixtures
	Using offensive, insulting or abusive language towards a match official	CITED	3 Matches	12 Matches
	Using offensive, insulting or abusive gestures towards a match official	CITED	4 Matches	20 Matches
R7	Second Caution		1 Match	
Other	Inciting the crowd	CITED	10 Matches	6 Years
	Attacking or fighting with spectators	CITED	1 Year	Life
	Bringing the game into disrepute	CITED	6 Matches	Life
	Deliberately misleading the committee	CITED	10 Matches	2 years
	Spitting at or onto spectators	CITED	8 Matches	Life

Players: Includes named substitutes and all squad members.

Officials: Includes coaches, managers, trainers, referees and any other person permitted in the technical area.

Where a person is both a registered player and a “coach” or equivalent on the day of the incident, his status as a player takes precedence.

Please use the codes on the website and on match cards

Appendix C: Caution Codes

Y1 Unsporting behaviour

Reckless Challenge
Late Tackle
Deliberate Tripping
Deliberate Hand Ball
Foul Tackle From behind
Holding an Opponent
Deliberate Impeding an Opponent
Heavy Body Charge
Jumping at an Opponent
Dangerous Tackle
Pushing an Opponent
Elbowing an Opponent
Lateral Sliding Tackle
Blatant Diving
Retaliation
Making Unsporting Remarks
Making Unsporting Gestures
Shouting to Distract an Opponent
Jumping to Prevent Throw-in
Standing on Opponent's Foot
Using Colleagues Shoulders to Head
Failing to Leave FOP for Treatment
Feigning Injury

Y2 Dissent by word or action

Dissent by Word*
Dissent, Kicking Ball Away
Dissent, Throwing Ball Away
Dissent by Gesture
Players Running at the Referee
(*please note if dissent by word or action refers to referee dissent, please mark on team sheet as Y2R)

Y3 Persistently infringes the LOTG

Y4 Delays the restart of play

Standing on Ball to Delay Restart
Kicking Ball Away to Delay Restart
Holding Ball to Delay Restart

Y5 Fails to respect the required distance when play is restarted with a corner kick, free kick or throw-in

Failing to Retire 10 Yards
Breaking From the "Wall"

Y6 Enters or re-enters the field of play without the referee's permission

Y7 Deliberately leaves the field of play without the referee's permission